

Awakening the Cosmos Within:

Preparing Ourselves for the Great Work of our Era

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The Great Work of our era is “to carry out the transition from a period of human devastation of the Earth to a period when humans will be present to the planet in a mutually beneficial manner” (Berry). We are to do this by “reinventing the human on the species level by means of Story.”

This workshop invited you to process your personal stories through the cosmological, psychological, spiritual, and sociological prism of the emerging new Story of the Cosmos.

Should you choose to engage in further reflection, here are some brief notes from each of the workshop presentations.

The Epic of Evolution: at the end of his slide presentation, Milt suggested that no one can listen to this emerging narrative without being changed. What, if anything, ‘clicked’ for you?

Discerning your Essential Self: air, water, earth, and fire, “these are the substances that support all life. Together with the sum total of that life, they maintain the planet, keep it fit for life,”(David Suzuki). Which holds the most affinity for you?

Cosmogenetic Principles: Reflect on how these inform your life.

Differentiation: “In the universe, to be is to be different.” (diversity, complexity, variation, disparity, multiform nature).

Subjectivity: The ‘self-organizing’ dynamic, otherwise known as ‘autopoiesis,’ points to the interior dimension of things, the inner capacity for self-manifestation (inner principle of being, self organization, identity, interiority, unseen shaping).

Communion: “To be is to be related; nothing is itself without everything else” (interrelatedness, interdependence, kinship, reciprocity, affiliation, mutuality, internal relatedness).

Time’s Dimensions: In the new insights of quantum physics, all time collapses into a single instant. So reflect upon this: perhaps we the people experience that instant of time in three dimensions simultaneously....eternal, everyday, and emergent.

Deep Time/Sacred Space/Quantum Self: describe your first hand experiences of cosmic unity out of that space deep within each of us where we know in our body, mind, and spirit that we are interconnected with everything else in the Universe.

Reframing Past, Present, Future: Within the quantum context, past, present, and future are indistinguishable, and form a continuum. Consciously create a lens of gratitude through which to filter ALL your experiences: present, past, and future.

Reclaim the Past: Describe something that went “right.”
Reframe the Present with a small change in your daily routine that will allow you to be more of who you really are.
Redeem the future. What is the Life that wants to live in you?

From Milt’s slide show:

Part 1) Reflect upon what the universe is telling us.

Part 2) Reflect upon what we humans are doing.

The Great Work: What does your element want of you, on individual, local, national, and international levels of action?

Materials from the Workshop will be posted on our web site – see:

<http://www.nowforourturn.org/Workshops.html>